



**PERSATUAN OLAHRAGA MASTER MALAYSIA
(MALAYSIAN MASTERS ATHLETIC ASSOCIATION)
LAPORAN**

**Majlis
Pelancaran
Buku**

**"MMAA-36 Years
in Memory"**

MALAYSIAN MASTERS ATHLETIC ASSOCIATION
MMAA
1984 - 2020
*36
years
in Memory*

Majlis dirasmikan oleh
YBhg Tan Sri Dato' Dr.M.Jegathesan
Mantan Presiden POMM

7 Disember 2021, Jam 11.00 pg.

**Tempat:
Muzium Majlis Olimpik Malaysia
Wisma OCM, Kuala Lumpur**

PENDAHULUAN

Persatuan Olahraga Master Malaysia (POMM) dengan jayanya telah mengelola Majlis Pelancaran Buku “ **MMAA – 36 Years in Memory** ”, pada ketetapan berikut:

Tarikh : 7 Disember 2021
Masa : 11.00 pagi
Tempat : Muzium Majlis Olimpik Malaysia
Wisma OCM, Kuala Lumpur.

Majlis ini telah dirasmikan oleh **YBhg Tan Sri Dato’ Dr. M. Jegathesan**, mantan Presiden POMM and juga ‘founder member’ persatuan ini.

(Malaysian Masters Athletic Association launched “MMAA – 36 Years in Memory” book, on 7th December 2021, at Museum Olympic Council of Malaysia, Kuala Lumpur. The function was officiated by our great athlete of Malaysia, YBhg Tan Sri Dato’ Dr M. Jegathesan, the first President of MMAA, and one of the founder members of MMAA. Dr, Jega is also fondly called as the “Flying Doctor of Asia”. He is the only Malaysian athlete to qualify for the Semi finals in 2 Olympic Games, and finals in the Commonwealth Games. He represented the country in 3 Olympics)

TETAMU

(GUESTS WHO ATTENDED THE FUNCTION)

Seramai 45 orang tetamu telah hadir majlis ini. Di antara tetamu yang telah hadir adalah:

- YBhg Dato’ Suroya bin Selamat
Presiden MARFIMA
Bekas Ketua Pengarah Belia dan Sukan Malaysia
(former Director General of Youth and Sports Malaysia)

- YBhg Datuk Seri (Dr.) V. Pulainthiran,
Penaung POMM
(Patron of MMAA)
- Yang Berusaha Encik S. Sivapragasam,
Presiden POMM selaku Pengerusi Pengelola,
(Secretary General of Asia Masters Athletics)
- YBhg Datuk Karim bin Ibrahim,
Ahli Majlis Persatuan Olahraga Asia
(Council Member of Asian Athletic Association)
- Cik Moira Tan Siew See,
Penolong Setiausaha MOM
(Assistant Secretary of Olympic Council of Malaysia)

(45 guests from Sports associations, State Masters Athletics Associations and media officers attended this function)

“MMAA – 36 YEARS IN MEMORY”

Buku ini telah dihasilkan oleh POMM semasa Perintah kawalan Pergerakan – tahun 2020 – 2021. Editor buku ini adalah *Cik Kalaivalli R. Ratnam*, Penasihat POMM selaku Pengerusi Wanita, Asia Masters Athletics (AMA). Beliau adalah bekas pensyarah kanan dari Institut Pendidikan Guru Kampus Bahasa Melayu.

Buku ini meliputi sejarah ringkas penubuhan POMM; laporan lengkap semua aktiviti, projek POMM; maklumat tentang pegawai-pegawai kanan POMM dari 1984 hingga 2020 dan gambar-gambar aktiviti yang telah dilaksanakan. Semua tindakan yang diambil oleh persatuan mulai tahun persatuan ditubuhkan, iaitu tahun 1984 hingga 2020 dicatatkan secara terperinci menurut kronologi masa. Selain daripada itu rencana mengenai semua presiden persatuan (tiga orang bekas presiden serta presiden semasa, iaitu presiden yang ke-4) dimasukkan dalam buku ini.

Buku ini adalah bertujuan untuk mendokumentasikan segala inisiatif dan usaha POMM untuk kebaikan semua yang berminat dalam sukan olahraga master. Buku ini akan berfungsi sebagai rujukan kepada sukan olahraga master di Malaysia. Buku ini juga akan menjadi bahan yang penting di peringkat Asia dalam mempopularkan sukan olahraga master.

(“MMAA – 36 YEARS IN MEMORY”

- *is written by Ms Kalaivalli R. Ratnam, the Advisor of MMAA cum the Women’s Chairman of Asia Masters Athletics (AMA).
The editor is a former Senior Lecturer of a Teachers Training Institute.*

This book covers a brief history of MMAA; reports on all activities and projects organised from 1984 - the year MMAA was formed, until 2020. So many activities such as annual masters athletics championships; seminar on health, fitness and management; courses on masters athletics technical rules, coaching ; award presentations; road races, road relays, dinners were organised for the wellbeing of master athletes in Malaysia. These activities also attracted a big number of master athletes annually from many foreign countries.

The aim of this effort is to document all efforts and initiatives taken by MMAA for the benefits of master athletes, so that it can serve as a reference for the master athletics enthusiasts and for the future generation).

ATUR CARA (PROGRAM)

Majlis telah dimulakan dengan Ucapan Alu-aluan oleh Presiden POMM (Encik S. Sivapragasam). Presiden telah juga memasukkan kejayaan-kejayaan cemerlang YBhg Tan Sri Dato' Dr. M. Jegathesan dalam ucapannya yang telah menarik minat semua yang hadir dalam majlis ini.

Seterusnya Pengarang buku (Cik Kalaivalli R. Ratnam) telah memberi ucapannya menerangkan bagaimana buku ini dihasilkan, diikuti dengan Ucapan "Book Review" oleh YBhg Dato' Sarjit Singh Sekhon, bekas Bendahari persatuan.

Selepas ucapan-ucapan tersebut, Ucapan Perasmian telah dilakukan oleh Tetamu Khas, YBhg Tan Sri Dato' Dr. M. Jegathesan, diikuti dengan perasmian buku "MMAA – 36 Years in Memory". Setelah itu, Presiden POMM telah menyampaikan sebuah naskah buku ini kepada tetamu khas.

(Four speeches were delivered during the book launching ceremony by the President of MMAA (Mr. S. Sivapragasam); The Editor of this book (Ms Kalaivalli R. Ratnam); Book Review by YBhg Dato' Sarjit Singh Sekhon and by YBhg Tan Sri Dato' Dr. M. Jegathesan. The President of MMAA, Mr. S. Sivapragasam officially presented a copy of the book to the Guest of Honour. Later Guest of Honour presented the books to the following officers)

Seterusnya Tetamu khas telah menyampaikan buku kepada :

(The books were presented to the following guests)

- YBhg Dato' Suroya bin Selamat, President MARFIMA
- YBhg Datuk Karim bin Ibrahim, Council Member of Asian Athletic Association (AAA)
- Ms Moira Tan Siew See, Assistant Secretary of Olympic Council of Malaysia (OCM)

- Mr. Fong Wan Hor, General Manager of OCM
- Lt. Kdr (B) Anthonysamy Silvarajoo, General Manager of Malaysian Athletic Federation (MAF)

Leaders of the State Masters Athletic Associations :

- Mr. M. Annathakrishnan,
President of Penang Masters Athletic Association
- Mr. M. Tamil Chelvam,
President of Perak Masters Athletic Association
- Mr. G. Kohilan,
President of Kuala Lumpur Masters Athletic Association
- Mr. Stanley Arumugam,
Deputy President of Selangor Masters Athletic Association
- Mr. V. Mathivanan ,
Secretary of Johor Masters Athletics Association
- Ms. Sharonneca Julius ,
Secretary of Sabah Masters Athletic Association
- Mr. C. Chinathamby,
Treasurer of Negeri Sembilan Masters Athletic Association
- Mr. Liaw Fun Min,
Council Member Malacca Masters Athletic Association

and to:

- Mr. Sathasivam,
President of Malaysian Kabadi Association to receive
- Mr. P. Retnam,
Deputy President of JETS Sports Club.

**UPACARA PENYAMPAIAN HADIAH
KEPADA PEMENANG PERTANDINGAN VIDEO MMAA 2020
(MMAA VIDEO COMPETITION 2020)**

Dalam majlis ini upacara penyampaian hadiah kepada Pemenang-pemenang Pertandingan Video MMAA 2020 telah diadakan. Pertandingan ini telah dilaksanakan pada bulan Mei – Jun 2020. Oleh kerana Kejohanan Olahraga Master Malaysia tidak dapat dianjurkan kerana PKP, maka pertandingan maya ini telah dianjurkan untuk atlet-atlet master Malaysia. Lima (5) orang pemenang serta seorang Juara Keseluruhan telah dipilih. Setiap pemenang telah menerima RM150 seorang, sijil serta Baju T. Juara Keseluruhan telah menerima RM400, sijil serta Baju T. Hadiah telah disampaikan oleh Encik S. Sivapragasam, Presiden POMM.

(PRESENTATION OF PRIZES TO THE WINNERS OF MMAA VIDEO COMPETITION 2020

During the MCO, year 2020 and 2021, MMAA could not organise Malaysian masters athletics championships which is the most popular annual event not only for our master athletes but also for foreigners. Every year this championships attract participants from around 10 to 12 foreign countries.

Since could not organise any championships physically, MMAA organised a Video Competition for all master athletes. Athletes had to make a video on exercises and training that they do during the MCO time. We received good response from many states. 5 winners and an overall champion were selected by the MMAA Council members based on criteria set. This competition was held in May to June 2020.

The 5 winners received cash money of RM150 each , a certificate and a T shirt, while the Overall Champion received cash money of RM400, a certificate and a T shirt).

PEMENANG PERTANDINGAN

(WINNERS)

1. Mr. Larry Andang from Sabah (Ms Sharonneca , the Secretary of Sabah Masters Athletic Association received the prize on behalf of him)
2. Ms Tamil Slve from NS Masters Athletic Association
3. Mr. N. Jayaraman from Selangor Masters Athletic Association
4. Mr. Liaw Fun Min from Malacca Masters Athletic Association
5. Mr. M. Annathakrishnan from Penang Masters Athletic Association

Juara Keseluruhan :

(Overall Champion)

**YBhg Datuk Seri (Dr) V. Pulainthiran,
Selangor Masters Athletic Association**

(The video by Datuk Seri and Larry Andang were selected to take part in the Video competition at Asian level, organised by Asia Masters Athletics. We are proud to announce that Datuk Seri (Dr) V. Pulainthiran was selected as the Asian Overall champion, where 13 Asian countries participated).

KESIMPULAN

Majlis bersejarah ini memberi kenangan yang sangat bermakna kepada semua atlet master di Malaysia dan khususnya kepada ahli majlis tertinggi POMM. Semua tetamu yang hadir sangat tertarik dengan majlis ini yang sangat bermakna, bukan sahaja untuk atlet master di Malaysia bahkan di seluruh Asia, sebab dokumen sebegini memang akan menjadi bukti tentang kejayaan dan kebanggaan atlet master. POMM menerima pujian daripada semua yang hadir atas usaha yang murni ini.

Penaung, Presiden dan Ahli Majlis Tertinggi POMM mengucapkan ribuan terima kasih kepada YBhg Tan Sri Dato' Dr. M. Jegathesan, atas kesudian

untuk merasmikan majlis ini. Terima kasih kepada Majlis Olimpik Malaysia dan semua tetamu atas kerjasama, bantuan dan sokongan yang telah diberikan untuk menjayakan majlis ini.

(This book launching ceremony is a memorable and historical moment for master athletes not only in Malaysia but at Asian level. All who attended were presented with a copy of this book. They appreciated and thanked the MMAA Council for their initiative, which will stand as a proof of all the achievements and efforts of master athletes and MMAA council in Malaysia).

S. SIVAPRAGASAM

Presiden
POMM (MMAA)
9 Disember 2021

PHOTOS OF MMAA BOOK LAUNCHING CEREMONY

GUEST OF HONOUR AND THE VIP'S



BOOKS ARRANGED FOR THE LAUNCHING



**SPEECH BY YBHG TAN SRI DATO' DR. M. JEGATHESAN
(GUEST OF HONOUR)**



**SPEECH BY MR. S. SIVAPRAGASAM
(PRESIDENT OF MMAA)**



PRESIDENT PRESENTING THE BOOK TO THE GUEST OF HONOUR



GUEST OF HONOUR PRESENTING THE BOOKS TO THE GUESTS











MMAA VIDEO COMPETITION 2020 WINNERS





**PRESENTATION OF SOUVENIRS
MMAA PATRON PRESENTING SOUVENIR TO GUEST OF HONOUR**



MMAA PRESIDENT PRESENTING SOUVENIR TO YBHG DATO' SARJIT SINGH



GUESTS WHO ATTENDED THE FUNCTION

